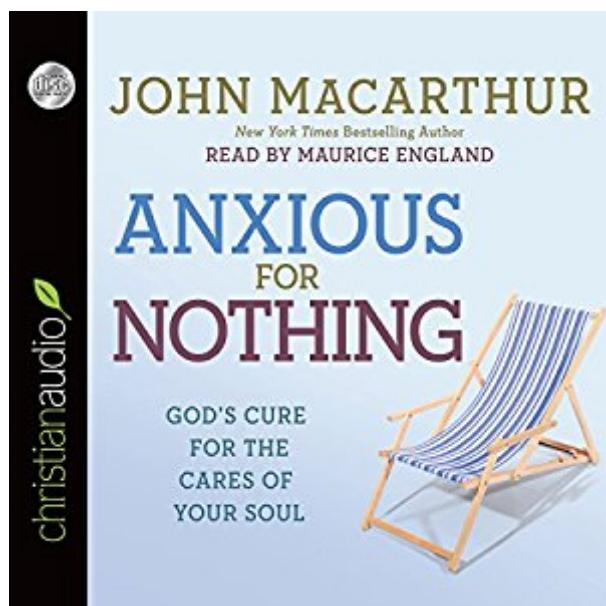


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# Anxious For Nothing: God's Cure For The Cares Of Your Soul



## Synopsis

Stress has become part of our daily lives. We worry about our jobs, our relationships, and our families. And while there's no lack of remedies for anxiety, no solution seems to offer true peace of mind. John MacArthur, Jr. believes that peace is not only possible, it's a divine mandate. Drawing from a rich legacy of teaching and ministry, MacArthur puts aside cultural cures to uncover the source of our anxiety and stress. Based on solid Biblical insights, *Anxious for Nothing* shares how we can overcome uncertainty, defeat doubt, and be truly worry-free. This revised and updated edition includes a guide for both personal and group study and features discovery questions, suggestions for prayer, and activities, all designed to connect life-changing truths with everyday living.

## Book Information

Audible Audio Edition

Listening Length: 4 hoursÂ andÂ 51 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: christianaudio.com

Audible.com Release Date: October 30, 2014

Whispersync for Voice: Ready

Language: English

ASIN: B00P1PN1Y6

Best Sellers Rank: #98 inÂ Books > Christian Books & Bibles > Christian Living > Business & Professional Growth #409 inÂ Books > Audible Audiobooks > Religion & Spirituality > Christianity #477 inÂ Books > Christian Books & Bibles > Christian Living > Personal Growth

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